

Grade 10 Physical Education

Term 3 - 60 complete lesson plans

Ready to teach, in the KICD lesson-plan format | 40-minute lessons | PDF and editable Word

ABOUT THIS PACK

60 complete, ready-to-teach Grade 10 Physical Education lesson plans for Term 3, covering softball, Baseball5, cricket, table tennis, tennis and badminton.

TOPICS IN THIS PACK

Topic	Name	Lessons
3.3	Softball	10
3.4	Baseball5	10
3.5	Cricket	10
3.6	Table Tennis	10
3.7	Tennis	10
3.8	Badminton	10

INSIDE EVERY LESSON PLAN

- The specific learning outcomes, key inquiry question, core competencies, values and PCIs, and the resources needed.
- A timed lesson flow: what the teacher does and what the learners do, from introduction to summary.
- The key content (a worked example, notes or a practical with its expected results), then four practice questions with the answers for the teacher.
- The common mistake to watch for, and ideas for learners who need support and for those ready for more.
- A four-level CBC assessment rubric (EE, ME, AE, BE), homework, and a blank reflection space to fill in after teaching.

A TASTE OF LESSON 1

The Softball field, equipment, safety and basic rules

By the end of the lesson, the learner should be able to: a) identify the diamond, the bases and the equipment used in Softball; b) state the basic rules and safety rules

The field, equipment, safety and rules

A Softball field is a diamond with four bases (first, second, third and home plate) about 18.3 metres (60 feet) apart, a pitching circle and a pitching plate about 12 to 14 metres from home plate...

You also receive this pack as an editable Word file, so you can change any lesson to suit your class before you print it. Lessons follow the order of the KICD curriculum design.